

Report Content

- Mid-Year Program Highlights
- Upcoming Events
- HR Update

This mid-year report focuses on program activity highlights from Jan. to June of 2017. Teams are working together to collectively achieve Board of Health outcomes. For example the Family Health program staff help to provide immunizations and promote healthy behaviours and injury prevention that also contributes to Chronic Disease and Injury Prevention and the School Team delivers immunization clinics and helps influence the health and well-being of school-aged population across a range of topics and programs.

Looking to the remainder of the year, teams will continue implementing planned work and move forward with evidence informed planning for 2018 activities.

While this report focuses on what has been accomplished to date, a few things on our radar include:

- [Canada's Poverty Reduction Strategy Consultation](#)
- [Canada's Food Guide Revision](#) & [Healthy Eating Strategy](#)
- Final Modernized ON Public Health Standards (plus new or revised protocols & guidelines) *coming soon*.
- [Evidence to Guide Action: Comprehensive Tobacco Control in Ontario \(2016\)](#), report released this May by Public Health Ontario -has up-to-date evidence on interventions for reducing tobacco use in Ontario.
- Newly funded program – 'Enhanced Harm Reduction' to support local opioid response.
- Healthy Babies Healthy Children Program Review Report (commissioned by the Ministry) *coming soon*.
- [ON Bill 148](#) – Fairer Workplaces, Better Jobs Act

Mid-Year Program Highlights.

Population Health Assessment, Surveillance, Research & Knowledge Exchange

- Provided epidemiological analysis for several institutional outbreaks
- Created individual reports re: Long-Term Care Homes and Hospitals staff influenza immunization
- Updated internal epidemiological data reports, including a cancer incidence and mortality report, with most current data and/or enhanced new data to support evidence based population health planning
- Provided a health status summary to the Timiskaming Health System Collaborative and the Chronic Obstructive Pulmonary Diseases working group
- Provided support to the South Timiskaming Hub Collaborative re: their plan to collect data
- Attended a DTSSAB information meeting re: their Ministry directive to conduct homelessness enumeration
- Created and distributed a local *Health Care Provider Newsletter* covering a range of topics

Chronic Disease, Injury & Substance Misuse Prevention

The CDIP team is on target with what was planned for the first half of the year. Any variances are timeline variances which are expected due to the large influence of partnerships and unanticipated opportunities and needs.

Increase levels of physical activity among children and youth and make active living easier in our communities:

- Supported the Town of Kirkland Lake, Riverside Community Church, Kirkland Lake Ski Runners and Temiskaming Shores Public Library in developing and seeking funds for programs
- Provided physical literacy trainings to over 50 Early Childhood Educators (ECEs)
- Delivered *Share the Road* cycling and pedestrian safety campaign in local newspapers, radio, website and via Facebook
- Supported Temiskaming Shores Bike Month activities with a Bike Month Facebook page. The 8 Community Rides saw 70 cyclists and Bike to School Week approximately 250 riders

Improve population eating habits

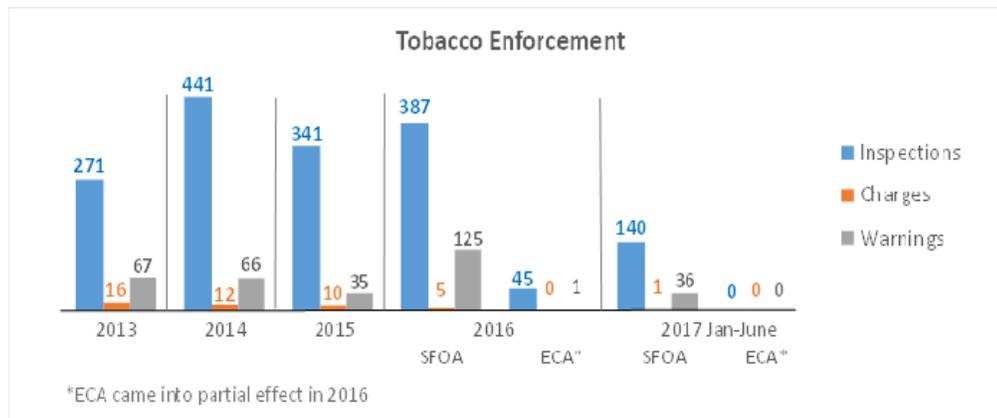
- Inspected 22 premises (59% of requirement) for compliance with *Health Menu Choices Act*
- Implemented Nutrition Month Campaign with radio morning chat & advertising, *Find Freggie* contest in grocery stores and promotion in local schools
- Presented on Healthy Eating for Employment Option clients – 5 participants
- Partnered with Healthy Kids Community Challenge with Healthy Eating in Recreational Settings survey about Temiskaming Shores' arena users healthy eating preferences

Reduce Tobacco use and exposure (Smoke-Free Ontario & Nicotine Replacement Therapy/NRT funding)

- Delivered 5 cessation workshops to 30 people (receiving 5 week supply of NRT) and NRT vouchers or brief contact intervention to an additional 44 clients.
- Carried out 47 (50% of requirement) youth access /tobacco vendor inspections and 43 (83% of requirement) Display and Promotion Inspections
- Laid 1 charge & 36 warnings under the Smoke-Free Ontario Act. Charge for *Sell tobacco to a person who is less than 19 years old*. Warnings include 8 for *Offer to sell flavoured tobacco product* to 8 different premises, 7 for *Hold lighted tobacco in prohibited place or area* and 6 for *Failure to post "no smoking" signs where smoking is prohibited* (6 separate premises)
- All Electronic Cigarettes Act inspections will take place during Q3 and Q4 2017



Local partners receiving training on Food Skills for Families.



Help community partners to deliver diabetes prevention behaviour change programming (100% funded)

Hosted training for community partners to facilitate and deliver:

- Food Skills for Families 6-week Program – 13 agencies trained (n=13)
- Primary Care Diabetes Prevention 12-week Program – 8 agencies trained (n=14)

Promote healthy aging and reduce the number and impact of falls for those aged 65 years plus (funded 50% by NE LHIN)

- Provided continued support to activity programs for older adults: *Soup to Tomatoes* and *Stand UP and* developed database of physical activity options for older adults
- Supported 3 *Spring Fling* events for older adults (KL - 110, New Liskeard - 160, Englehart - 65)
- Delivered nutrition package and interactive activity for older adults at two events

Reduce the frequency, severity and impact of substance misuse and injury

- Promoted the provincial *Rethink Your Drinking* campaign locally on the Low Risk Alcohol Drinking Guidelines (LRADG) and health risks of alcohol (posters, Facebook, TV ads, newspaper and movie theatre commercial). Promoted LRADG in partnership with LCBO and provided information to local Health Care Providers. Had earned media through a media release in local newsprint.
- Promoted *Safe Kids Week* with distribution of books to 10 libraries and Facebook posts
- Delivered bike safety program in 4 schools and supported delivery of bike rodeos in a daycare and one community event (reach 135 children)

Healthy Schools

In Q2 the school team had over 416 interactions with schools (261 elementary, 151 secondary, 4 post-secondary). This excludes some programs implemented by other staff e.g. dental/oral health. Q2 Activity highlights include:

- Supported Playground Activity Leader program at 6 schools and 4 bike safety programs noted above.
- Worked with tobacco prevention youth champions at all secondary schools. Supported them in several events for world no tobacco day, smoke-free movies, and plain and standardized packaging. Recruited youth to attend the NE Indigenous Tobacco Youth Summit however they were unable to attend in the end.

- Ongoing planning and communication re: the Northern Fruit and Vegetable Program which experienced delays at the Ministry level.
- Completed Roots of Empathy program at 2 schools.
- Supported over 10 schools with healthy eating projects. This includes collaborating with the Healthy Kids Community Challenge Sip Smart campaign. Worked with several schools to consider a Sip Smart – water promotion policy. Numerous consultations with schools re: healthy eating.
- Held regular healthy relationship clinics at 3 secondary schools.
- Supported 5 school councils which included one parent engagement survey.
- Supported the Sick kids and McMaster University Vision Testing Program at 4 Kirkland Lake Schools (www.visioncreening.ca).
- Supported several secondary school Youth Mental Health Promotion projects. One large project included training youth champions, implementing school-wide activities and evaluating the project.
- Attended the joint PHU-School Board meeting hosted by Porcupine Health Unit.



Freggie Fridays at School.



Students sharing what makes them feel happy and connected at school.

- Completed immunization clinics for the year (12 clinics held in Q2). Percent of school aged children who have completed immunization (as at end of June) for
 - Hepatitis B : 62%
 - HPV : 55%
 - Meningococcus 87%

Percent students in compliance with the Immunization School Pupils Act (as at end of June).

- 7 or 8 year olds: 94%
- 16 or 17 year olds: 93%

Oral - Dental Health

Dental Screenings (Jan-June)				
Caseload	2014	2015	2016	2017 YTD
Screenings: Pre-Kind/Kind & Grade 2	822	555	937	390
Regular Screenings (additional: Grade 2-4-6)	1153	1043	2217	898
Office Screenings	345	292	238	141

Immunizations, Infectious & Communicable Diseases

- Worked on early adoption of a provincial initiative to increase accessibility of immunization information to clients and their families. Individuals will be able to access their yellow card and update their immunization records online through a portal on the THU website.
- Conducted annual inspections of registered vaccine fridges, 18 of 40 done to date. Education about cold chain and reporting *Adverse Events from Immunization* (AEFI) is provided during these inspections.

Immunization Program (Jan – June 2017)				
<i>Immunizations Administered</i>	<i>NL</i>	<i>KL</i>	<i>ENG</i>	<i>Total</i>
<i># of clients receiving immunizations</i>	900	768	140	1808
<i># of immunizations administered</i>	1752	448	293	2493

Travel Health Consultations (Jan-June 2017)				
<i>Office</i>	<i>2014</i>	<i>2015</i>	<i>2016</i>	<i>2017 (YTD)</i>
<i>Kirkland Lake</i>	335	317	272	181
<i>New Liskeard</i>	478	682	595	391
<i>Englehart</i>	157	81	n/a	n/a

Sexual health services at Timiskaming Health Unit include:

- Information on contraception, Information on STIs, free testing and treatment of STIs
- Confidential or anonymous HIV testing, Emergency Contraception Plan B, Affordable contraception
- Pregnancy testing and information about options, free condoms

Sexual Health (Jan-June)				
<i>Client Services</i>	<i>2014</i>	<i>2015</i>	<i>2016</i>	<i>2017 (YTD)</i>
<i>Male Clients</i>	193	81	129	73
<i>Female Clients</i>	1355	602	864	460
<i>Contraceptives</i>	1,868	812	929	485
<i>Plan B</i>	85	48	41	13
<i>STI Tests</i>	345	208	215	110
<i>Pregnancy Tests</i>	40	33	28	24
<i>BBI Tests</i>	119	79	124	60

Harm Reduction Program at Timiskaming Health Unit include:

- needles, injection and inhalation equipment for injecting or inhaling drugs & information about safer drug use and disposal containers for used needles and sharps
- provision of condoms and information about safer sex
- community referrals to services
- information on Naloxone and overdose prevention and management
- clients commonly report using morphine, crystal meth, other opiates, cocaine, and amphetamines
- the team is submitting a proposal to the Ministry for THU to be a Naloxone distributor.

Harm Reduction Program (Jan-June)				
Client Services	2014	2015	2016	2017 (YTD)
Male Clients	36	45	121	78
Female Clients	10	10	68	41
Needles Distributed	6,900	10,424	12,906	7,917

- This year brought a quiet influenza season with 21 confirmed community cases
- Jan. to June was quite busy supporting institutional respiratory and enteric outbreaks

Infection Control (Jan-June)				
Client Services	2014	2015	2016	2017 (YTD)
Reportable Disease Investigations (non-STI)	70	81	69	37
Outbreaks - Institutional	22	24	14	15
Outbreaks - Community	n/a	1	0	0
Animal Bite Reporting	60	77	29	21
Sexually Transmitted Infections	n/a	89	80	46

Family (Child and Reproductive) Health

All Topics

Coordinated 3 Family Health Coalition meetings involving a variety of partners who offer services to families with children 0-6.

Healthy Eating

- Supported child care providers with healthy eating resources including information on sugar-sweetened beverages in alignment with Healthy Kids Community Challenge theme
- Provided training and updated resources re: NutriSTEP to THU Family Resource Worker
- Delivered a healthy eating workshop to children and parents (n = 12) and an 'Introduction to

solids/infant feeding' workshop to parents and caregivers (n=7) and related train the trainer with 2 Early Years Centre staff.

Child Passenger Safety

- 7 staff were certified for car seat inspections under the Child Passenger Safety Association of Canada (CPSAC) and hosted 2 car seat clinics reaching 7 families.

Online Prenatal Classes

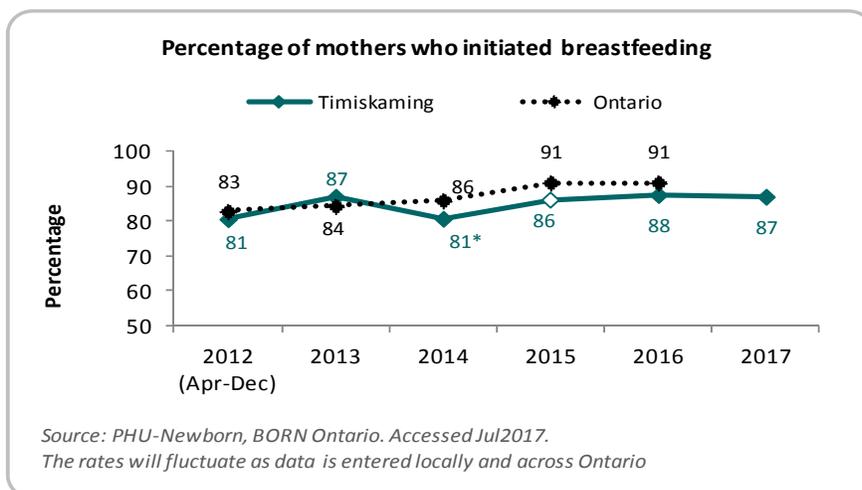
- 20 participants (75% mothers, 5% fathers, 20% other) have accessed our online classes in the 3 months since our new online Canadian provider and now offering in English and French.

Breastfeeding

- Created a breastfeeding support Facebook page allowing moms to post and share stories, tips and questions on breastfeeding. This page is monitored daily by staff who encourage dialogue and promote peer support. To date, there are over 90 members in the group.

Number of newborns	
Years	Total
2013	337
2014	338
2015	345
2016	368
2017 (YTD)	181

Source: PHU-Newborn, BORN Ontario. Accessed Jul 2017.



Home Visiting Program

Visits	Jan – June 2017
Total # of home visits	148
Family Resource Worker visits (FRW)	69
Public Health Nurses (PHNs)	79

As of June 2017, there are **26 active families** on the Blended Home Visiting Program.

PostPartum Mood Disorder

- Referrals resulting from internal screening were 31. The majority of clients receptive to follow-up receive home visits. To date there have been 82 home visits in 2017.
- The Best Start funding for this program has ended (which included awareness, screening and client interventions) and we will be considering THU’s role along with other partners.

Healthy Beginnings Clinic - Pre and Postnatal Nurse Practitioner Program

- Since January 2017, there have been 475 booked appointments. Of those, 66 clients were new to the program. Eligible clients include women who *experience barriers accessing primary care* and are planning a pregnancy, pregnant and/or have infants and children under the age of six.

Environmental Health & Emergency Preparedness Program

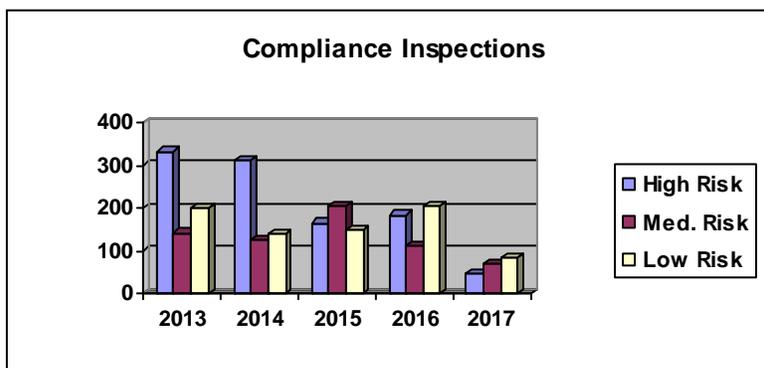
Personal Service Settings

Infection Control Inspections: hair salons, tattoos, piercings, aesthetics

Area	Inspection/Premises
Dymond/Eng	7/8
KL-Area	0/20
Tri-Town-Area	3/10
Cobalt-Temagami	0/12

Food Safety

Risk categorizations were modified in year 2015 which explains the difference of year-end totals with previous years.



Land Control

Septic Systems	2014	2015	2016	2017
<i>Permits Issued</i>	137	131	111	55
<i>File Searches</i>	57	60	60	35
<i>Severance/Subdivision</i>	20	15	15	9

UPCOMING EVENTS

Some of the upcoming events and opportunities that THU staff are participating in or supporting include:

- **Fall** – annual infection control education event for local stakeholders - coordinated with Public Health Ontario
- **October** – Cultural Humility training for THU Staff



HUMAN RESOURCE UPDATE

The comings and goings of our colleagues



New Staff

- Public Health Inspector – District - Temporary (*May - October 2017*)
- Nurse Practitioner – Elk Lake - Casual (*June 2017*)
- Registered Dietitian – New Liskeard - Temporary (*July - September 2017*)
- Research-Analyst-Planning-Policy – Temporary (*August-December 2017*)
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Return From Maternity/Other Leave

- Public Health Promoter – Kirkland Lake (*August 2017*)
- Public Health Nurse – Kirkland Lake (*August 2017*)

Resignations

- Nurse Practitioner – Elk Lake - Casual (*June 2017*)
- Nursing Support Staff – Elk Lake – Casual (*June 2017*)
- Registered Dietitian – New Liskeard – Permanent (*August 2017*)
- Research-Analyst-Planning-Policy – Permanent (*August 2017*)

Current Vacancies

- MOH/CEO
- CHW/RPN

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